

GYMKHANA GYMNASTICS SUMMER INFORMATION

Bethel Park- 3328 B Industrial Blvd, Bethel Park PA 15102 412-833-6190

GYMNASTICS DEVELOPMENT CLASSES Boys & Girls, 2 1/2-6 years old

Our preschool program introduces children to basic skills and coordination tasks on various gymnastic equipment. The emphasis of the program is getting children to try new skills, positively reinforcing the attempts, giving the child a positive attitude toward new situations and physical activity. In our program children can have fun while they develop coordination, gymnastic skills, balance and self confidence. The 2 1/2 year olds are required to bring an adult with them to class. Students must reach the required age by July 6th. All of the classes are similar in content, but vary in approach and expectations.

Special 4 week session! (choose the day and time)

Dates 7/6-7/27	Rate 4 classes \$50		
	Monday	Tuesday	Wednesday
2 1/2 yr			4-4:45pm
3 & 4 yrs	1-1:45pm	5-5:45pm	3-3:45pm
4 & 5 yrs	2-2:45pm	6-6:45pm	
5 & 6 yrs		7-7:45pm	2-2:45pm

RECREATIONAL GYMNASTICS CLASSES boys and girls, 6-16 yrs

These classes include instruction on basic gymnastics skills for a new beginner as well as a continuing student still at the beginner level, intermediate level, or advanced level. Children are evaluated and placed into the appropriate age and ability groups within their class times. Students may move from one level to the next by passing skill requirements. A student to teacher ratio of 8 to 1 is maintained in these classes. Special 4 week session! (choose day and time) **Dates** 7/6 - 7/29

Days/Times	Monday		Wednesday	Rates
Levels 1 & 2	5-6pm Girls		7-8pm Girls	\$60
Levels 3-6	6:15-7:45pm Girls		5:15-6:45pm Girls	\$90
Levels 1-6	7:45-9pm Boys			\$74

TUMBLING 8-18 years of age

Gymkhana is offering classes for girls and boys interested in tumbling. Students will be taught tumbling skills through training on our spring floor and trampolines. All tumbling skills are directly applicable to cheerleading. Special 4 week session.

Dates 7/7 - 7/28 **Times** 1:30-2:30pm Wednesdays **Rate** 4 classes-\$60

SKILL CLINICS 8-16 years of age

Gymkhana will be offering special clinics for girls and boys that will concentrate on developing and improving specific skills. Advance registration with a \$30 deposit is required. Space is limited and will be filled on a first come, first serve basis. (\$35 yearly family fee must be current)

Rate \$30 per clinic	Times 12:30-1:30pm
Clinic 1- Back handsprings	Dates 7/16 & 7/17
Clinic 2- Back tucks	Dates 7/23 & 7/24

OPEN WORKOUT

6 yrs and older, for recreational level 1-6 students, and tumblers

Open workout is a supervised but unstructured time in the gym. Students (current or enrolled within the last year) are welcome to come in and practice skills that have been introduced in class but still need more work. Instructors are available to help and to make sure students are working on appropriate skills safely. You do not have to sign up ahead of time, just sign in and pay at the front desk each time you attend.

Dates 7/7, 7/14, 7/21, 7/28 **Times** 12:30-1:30pm Tuesdays

Rate \$10 each visit (\$35 yearly family fee must be current)

TUMBLING BOOT CAMP 8-18 years of age-Gymkhana is offering classes for girls and boys interested in tumbling.

Students will be taught tumbling skills through training on our spring floor and trampolines. All tumbling skills are directly applicable to cheerleading.

Monday-Friday, 1-3pm, 6/29-7/3, \$148

TEAM GYM BOOT CAMP ages 5 years and up

Gymkhana will be offering special Team Gym camp for girls and boys that will concentrate on developing and improving Team Gym

skills. All skill taught are directly applicable to Team Gym. Advance registration with a \$40 deposit is required. Space is limited and will be filled on a first come, first serve basis. (\$35 yearly family fee must be current)

Week 1	6/29-7/3	6-8pm	\$150
Week 2	8/10-8/14	12:30-2:30pm	\$150

TEAM GYM PLACEMENTS- ages 5 years and up

August 14th, 2009	2pm - 8pm
August 24th, 2009	12pm - 3pm
September 2009	TBA (Call for information) 412.833.6190

GYMKHANA GYMNASTICS SUMMER CAMP INFO

GYMKHANA'S KHIDS KAMP 2009

A Gymkhana favorite, this unique half-day camp is available to 4, 5 and 6 year olds. Your child will be introduced to a fun-filled variety of physical, social, and creative activities by experienced professionals that will include:

-Gymkhana gymnastics preschool lesson plans, recognized as Pittsburgh's premier program for 4, 5 & 6 year olds, using all of the gymnastic equipment including: floor exercise, balance beam, rings, uneven bars, mini trampoline, and the goliath trampoline.

-Group activities including dry land water games, parachute play, obstacle courses, craft activities, magic rope, and much more.

Kampers are supervised at all times and will receive a snack each day. Experience the thrill of such a wide variety of activities, sure to bring a smile to your kamper's face. A special Gymkhana Kamp T-shirt is also included! Space is limited and will be filled on a first come, first serve basis.

Rate \$131 per week

Dates

Week 1	6/15-19	9am-12pm or 1-4pm	9-4pm bring bag lunch	\$258
Week 2	7/6-10	9am-12pm		
Week 3	7/20-24	9am-12pm		
Week 4	8/10-14	9am-12pm		
Week 5	8/17-21	9am-12pm or 1-4pm	9-4pm bring bag lunch	\$258

KHIDS KAMP - 3 YEAR OLD VERSION-3 days

Similar to our popular Khids Kamp, but with 3 year olds in mind.

Children must be potty-trained.

Dates 6/29-7/1 9:30-11:30am **Rate** \$65

DOUBLE DELIGHT

This creative half day program is available to 4-10 year olds from 9am-12pm, with different theme activities. Each session will also include Gymkhana's famous gymnastics activities and many of our tried and true Khids Kamp favorites. This kamp is a great way to introduce younger children to a camp environment. Our kampers are grouped by age & are supervised at all times. They receive a snack and drink each day. Children must be potty trained, and able to separate from their parents AND parents from their children. Children will receive a participation certificate and Gymkhana's unique Khids Kamp T shirt. Sign up for one or more sessions today, your kamper is sure to enjoy them all!!

Session 1	7/2 & 7/3	9am-12pm	\$66
Session 2	7/27 & 7/28	9am-12pm	\$66
Session 3	7/29 & 7/30	9am-12pm	\$66
Session 4	8/24 & 8/25	9am-12pm	\$66

GYMKHANA'S RECREATIONAL GYM CAMP 2009

Boys & Girls 6-16 year olds

This half day gymnastics camp is designed for beginner through advanced intermediate level gymnasts who enjoy participating in a broad range of physical activities with an emphasis on fun through gymnastics. Activities will include gymnastics instruction on all of the artistic gymnastic events as well as the mini and the goliath

trampolines. All gymnastic skills are broken down into easy to learn progressions to assure a safe and efficient learning environment. Many fun group activities are also planned, including: outdoor water games, indoor sports, craft activities, obstacle courses and much more. Campers are supervised at all times and will receive a snack each day. Space is limited and will be filled on a first come, first serve basis. All campers will receive a special camp T-shirt!

Dates Week 1 6/22-26	Times 9am-12pm or 1-4pm	\$131
	9am-4pm bring bag lunch	\$258
Week 2 7/13-17	9am-12pm	\$131
Week 3 8/3-7	9am-12pm or 1-4pm	\$131
	9am-4pm bring bag lunch	\$258

Please mail the completed form along with the \$40/ class or camp non refundable deposit to:
Gymkhana Inc., 3328 B Industrial Blvd. Bethel Park, Pa., 15102

First time students-check here _____

Name _____ M _____ F _____

Birth date _____ / _____ / _____ Phone _____

Address _____

City _____ Zip _____

Cell Phone _____ email _____

Program desired (please check appropriate boxes & write in day/time)

Gymnastics Development Class
Day & Time _____

Recreational Gymnastics Class
Day & Time _____

Tumbling

Tumbling Boot Camp (please circle your choice(s))

Khids Kamp
Week 1 (9am or 1pm) Week 2 Week 3 Week 4 Week 5 (9am or 1pm)
or (9-4) or (9-4)

Khids Kamp • 3 year olds Week 1

Double Delight Sess 1 Sess 2 Sess 3 Sess 4

Recreational Gym Camp
Week 1 9am-12pm, 1-4pm, 9am-4pm Week 2 9am-12pm
Week 3 9am-12pm, 1-4pm, 9am-4pm

Team Gym Camp Week 1 Week 2

Skill Clinics Clinic 1 Clinic 2

T-shirt size for camps only Youth S M L Adult S M L XL

Participation Release

We, the undersigned parents of _____ permit the above named student to participate in Gymkhana Inc's programs. I am aware that gymnastics and gymnastic exercise associated with it may place stress on the body and carry with them the risk of physical injury. On behalf of my child and myself, I assume the risk and agree that Gymkhana Inc. corporate officers, faculty and any agent shall not be liable in any way for any injuries sustained or for loss of property during attendance at the school or any of its related functions. My child has permission to be treated for emergency medical care.

Signature of parent

Date

PROCEDURES AND GUIDELINES

(1) REGISTRATION

- Class and camp programs require a \$40 non-refundable, non-transferrable deposit. The deposit is applied to the tuition. It is not an extra fee.
- If registering for more than 1 program, or more than 1 child, please send the appropriate deposits for each program. Registrations will not be processed without the correct deposit amount.
- All fees are non-refundable once the program begins!
- In addition to tuition, students MUST maintain a yearly family membership fee of \$35.
- For more information or to register with a credit card, please call the Bethel Park office 412-833-6190.
- We accept Visa, MasterCard, American Express & Discover

(2) TUITION

In addition to the tuition, there is a \$35 yearly family registration fee. All fees are due on or before your child's first day of class. This secures your child's space at the specified time for the entire term. A \$10.00 service fee will be added to any unpaid balances after the first day of class or camp.

(3) DISCOUNTS

Gymkhana offers a 20% discount when more than one immediate family member is enrolled for the same session, only the most expensive tuition pays full price, all lesser tuitions are discounted 20%. There is also a multi Kamp discount available for repeat campers.

(4) REFUNDS

All class fees are non-refundable, & non-transferrable once the program begins. The \$40 deposit is always non-refundable & non-transferrable. If you are uncertain of your child's interest in the program we invite you to observe (from our lobby) any number of classes. When you decide to register for the class, you are committing for the full term.

(5) MAKE-UP PROCEDURE

Missed classes can be made up by attending a regularly scheduled class of the same level. You must call the day you will be coming in for the make up to reserve a spot. Make-up spaces are filled on a first come first served basis on that day. All make ups must be completed within the registered session and may not be credited to succeeding sessions. No make-ups available for camp programs! **No monetary reimbursements are available for classes or camps.**

(6) CANCELLATIONS

We reserve the right to cancel any class or camp, and a refund of tuition is guaranteed. A minimum enrollment is required.

(7) ATTIRE

For compliance with USA Gymnastics safety regulations, it is mandatory that all students wear proper attire to class. This includes for girls, a one piece leotard and for boys, shorts with an elastic waist and a tucked in T-shirt. No belts, buckles or zippers.